

February 2024

Elementary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Groundhog Day, celebrated on February 2nd, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last another six weeks. If there was no shadow, spring would come early.

Beef Hamburger 5
WG Roll W/ Cheese or Plain, Lettuce & Tomato, Sweet Potato Fries, Peach Cup
Fat Free Milk
ALTERNATE ENTRÉE
Bagel & Yogurt Meal

Cheesy Chicken 6
Fajitas W/ WG Soft Shell Tortillas Salsa & Sour Cr., Pepper Strips
Mexicali Corn, Oranges
Fat Free Milk
ALTERNATE ENTRÉE
Grilled Cheese

Rotini Pasta W/ 7
Meat Sauce
Seasoned Carrots
Apple Sauce
Fat Free Milk
ALTERNATE ENTRÉE
Bagel & Yogurt Meal

Orange Chicken 8
W/ Brown Rice, Steamed Broccoli
Pineapple Cups
Fat Free Milk
ALTERNATE ENTRÉE
Grilled Cheese

Pizza Party! 9
North East Pizza
Delivered Hot to us!
Fresh Garden Salad
Pear Cup, Milk
ALTERNATE ENTRÉE
Sun butter & Jelly

Crispy Chicken 12
Nuggets W/ Mashed Potatoes, Honey Dill Carrots
Fruit Cup, Fat Free Milk
ALTERNATE ENTRÉE
Bagel & Yogurt Meal

Sloppy Joe on a 13
WG Bun, Sweet Potato Tots, Baked Beans, Apple Slices
Fat Free Milk
ALTERNATE ENTRÉE
Grilled Cheese

Tater Tot Nachos 14
W/Beef & Cheese Sauce, Tomatoes, Lettuce, & Salsa,
Over WG Tater Tots, Corn
Oranges, Fat Free Milk
ALTERNATE ENTRÉE
Bagel & Yogurt Meal

Creamy Chicken Alfredo 15
Over WG Pasta
Roasted Broccoli, WG Roll,
Mixed Fruit Cup,
Fat Free Milk
ALTERNATE ENTRÉE
Grilled Cheese

Stuffed Crust Pizza 16
Mixed Garden Salad
W/ Spinach & Tomatoes
Assorted Fresh Fruit
Fat Free Milk
ALTERNATE ENTRÉE
Sun butter & Jelly

February Vacation

No School

February Vacation

No School

February Vacation

No School

February Vacation

No School

February Vacation

No School

Creamy Mac-N-Cheese W/ WG Roll 26
Ranch Roasted Broccoli
Fruit Cocktail
Fat Free Milk
ALTERNATE ENTRÉE
Bagel & Yogurt Meal

Beef Tacos W/ 27
Crispy Hard Shell Tortilla
Lettuce, Tomato, cheese, Salsa, Side of Cowboy
Corn Salad, Pear Cup
Fat Free Milk
ALTERNATE ENTRÉE
Grilled Cheese

Breakfast for Lunch 28
Fluffy Scrambled Eggs
French toast Sticks W/ Syrup, Hash Brown Rounds
Cucumber Coins, Raisins,
Fat Free Milk
ALTERNATE ENTRÉE
Bagel & Yogurt Meal

Chicken Patty On 29
WG Roll W/ Lettuce & Tomato, Potato Smiles,
Baked Beans, Grapes
Fat Free Milk
ALTERNATE ENTRÉE
Grilled Cheese

What Makes a Lunch?

Select 3-5 Components



One must be a



Students MUST take AT LEAST 3 out of 5 meal components to be considered a complete meal. A $\frac{1}{2}$ cup Fruit or $\frac{1}{2}$ cup vegetable is MANDATORY W/ a meal. The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal. Purchased separately Milk is \$.60.

Great News!

As Participants in the Community Eligibility Provision All Elementary School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service information, including our Non-Discrimination Statement, are Available on line:

www.lpsma.net/departments/foodservice
Food service director: Barry Sbordy
sbordyb@lpsma.net

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk
Menus are subject to change Without notice.

WG = Whole Grain
Chicken Entrees raised with No Antibiotics Ever, No MSG and No Trans Fats.
This institution is an equal Opportunity provider.